

CEDAR is committed to supporting patient-centred, evidence-based care through research and evaluation of health interventions, technologies, and NHS services.

CEDAR: Centre for Healthcare Evaluation, Device Assessment and Research

CEDAR News

New CEDAR Director

- Congratulations to [Dr Judith White](#) on her appointment as CEDAR's new Deputy Director!
- Members of the team have attended several conferences and award events this quarter. At the NHS Wales Awards, CEDAR's project 'Development of the NHS Wales People's Experience Survey' was shortlisted for the Person Centred Care Award.
- The team was also present at the MediWales Innovation Awards, The Professional Society for Health Economics and Outcomes Research Conference (ISPOR) Europe in Glasgow, and the World Conference on Qualitative Research in Madrid.
- Our [laith mewn lechyd \(Language in Health\)](#) workstream has reached its first 100 Instagram followers – you can follow the account at '[laithmewniechyd_gig](#)'.

Recent publications:

Well done to members of the CEDAR team on their publications this quarter which include:

- [CEDAR's evaluation of the Syndrome Without a Name \(SWAN\) Clinic](#) which demonstrated that it can provide more coordinated and patient-centred care than patients' previous experiences of care. The evaluation has been published in 'Rare'. Read the full publication here: doi.org/10.1016/j.rare.2026.100117.
- CEDAR have published the most comprehensive survey of attitudes towards healthcare AI in Wales to date, undertaken in collaboration with Value Transformation. The publication in the Journal of Medical Internet Research can be found here: [doi:10.2196/81543](https://doi.org/10.2196/81543).

CEDAR's mission is to collaborate with clinical teams to deliver responsive, impactful, high-quality, patient-focused research and evaluation to improve outcomes for people in Wales and more widely.

In This Issue

CEDAR News

Recent highlights from the team

Project Highlights

Find out which projects have been making strides in CEDAR this quarter.

Staff Spotlight

Hear from Jodie Bartlett, our CEDAR administrator.



A fydddech chi'n deall y ffurflen feddygol hon yn y Gymraeg?
Gadewch i ni wneud yn siŵr!

Would you understand this medical form in Welsh?
Let's make sure!

Project Highlights

Paediatric Integrated Care Clinic: A Social Return on Investment (SROI)

CEDAR has undertaken a [social return on investment analysis \(SROI\)](#) of the paediatric integrated care multi disciplinary clinic (PIC MDT) model in Cardiff and Vale University Health Board. This new model is where secondary care paediatric outpatient appointments are held in a local medical centre instead of in a hospital, in a joint consultation with the general practitioner (GP). An SROI uses measures of social, environmental, and economic value. We found that staff had improved job satisfaction from increased communication, mutual understanding, co-ownership and learning opportunities. Parents spent less time off work and had improved emotional wellbeing, and children spent less time off school. Overall, the analysis showed that for every £1 invested, the PIC MDT model returns £5.61.

Peri-operative Anaemia

CEDAR is collaborating with the Blood Health National Oversight Group (BHNOC), Digital Health and Care Wales (DHCW), and Value Transformation (part of NHS Wales Performance and Improvement) teams to undertake a large-scale analysis of preoperative anaemia in patients undergoing major elective surgery across Wales. Preoperative anaemia and iron deficiency are common yet under-recognised conditions and are known to be associated with adverse postoperative outcomes.

Using data from over 46,000 unique surgical patients, this study will assess associations between anaemia status, iron deficiency subgroups, and key outcomes including length of stay, hospital readmission, and short- and long-term mortality.

By generating robust, real-world evidence at scale, this project aims to quantify the clinical and healthcare system burden of preoperative anaemia and to inform strategies for earlier identification and optimisation. In parallel, the BHNOC has established the All-Wales Perioperative Anaemia Pathway to improve the identification and management of patients with anaemia. Further details on this pathway are available [here](#). The findings from this analysis are due to be submitted for publication imminently and will be widely shared.

Hospital Acquired Deconditioning

[Hospital-Acquired Deconditioning \(HAD\)](#) is a complex, multi-domain syndrome that can occur during a hospital stay in as little as 24-hours, which can lead to significant harms. A mixed-methods project spanning multiple stages has been led by CEDAR, including a systematic literature review, in-depth consultation with stakeholders, and the development and testing of a novel clinical assessment tool.

One hundred and forty staff members working across Wales participated in a survey, sharing their thoughts on what was essential to assess in order to measure HAD. Focus groups were held with staff to understand the potential barriers and facilitators to implementing a tool in practice, and eleven interviews were conducted with service users, family members, and caregivers, to hear the experiences of those impacted by HAD.

Following development of a clinical assessment tool and two rounds of testing in two health boards, 529 assessment reports were received for analysis. Alongside staff feedback from those involved in testing, data were used to iteratively improve the tool for use in practice. The feedback was positive, with staff members in agreement that the tool was able to identify and monitor HAD at the earliest opportunity. The project achieved the aim of providing a comprehensive tool, which is now being rolled out in hospitals across Wales and has been named the Deconditioning Early Warning Indicator (DEWI) tool. Further work will be undertaken to further validate the tool, ensuring it can be of widespread use.

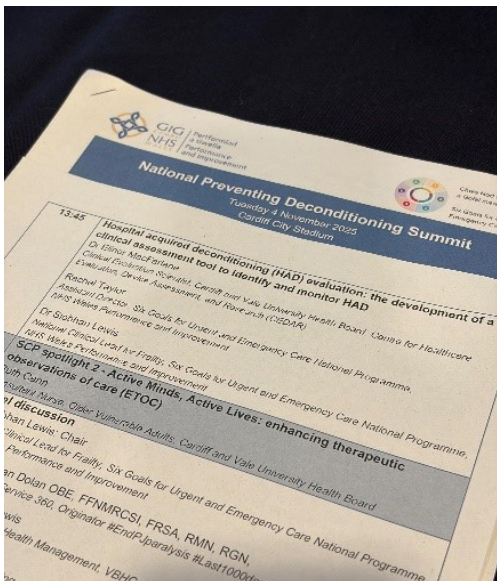
Presenting the new DEWI tool at the first National Preventing Deconditioning Summit



On the 4th of November 2025, the first [National Preventing Deconditioning Summit](#) was held in Cardiff City Stadium, and was attended by clinicians from across Wales, as well as Northern Ireland. Speakers included Jeremy Miles MS, Cabinet Secretary for Health and Social Care,

in addition to the new Chief Executive of NHS Wales and Director General for Health, Social Care and Early Years, Jacqueline Totterdell, Professor Brian Dolan, and Professor Sally Lewis.

CEDAR attended to present on the DEWI tool, developed to enable the identification of Hospital-Acquired Deconditioning. This tool supports staff to identify changes in condition and expedite appropriate, targeted clinical support to help reduce the long-term impacts of deconditioning, in addition to promoting the independence of service users.



Presenting the new DEWI tool at the first National Preventing Deconditioning Summit

Featured Project - CADARN



CEDAR is the delivery partner for CADARN - Collaborative Action for Driving and Accelerating Research Nationally - a system-level intervention developed by the Moondance Cancer Initiative to unlock the potential of cancer research across Wales. CADARN will focus on enabling faster recruitment, fairer access to studies, and research that improves care in real world settings.



Working with the NHS, research community and key stakeholders, CADARN brings structure, shared focus and national coordination to research delivery through a series of tumour-site-focused rounds. The first round is focused on colorectal cancer. Each CADARN round begins with a National Meeting, where shared priorities are agreed and clear decisions are made about what studies will be taken forward.

Following the successful Colorectal National Meeting in November 2025, CEDAR have been providing coordinated national support to activate the selected study, the BiCCC Trial, across all health boards in Wales, supporting rapid site set-up and recruitment. CEDAR is also working with health boards to identify and address barriers to study delivery.

In parallel, CEDAR is working collaboratively to develop new research ideas generated during the sandpit session of the National Meeting, supporting their progression into viable, deliverable research proposals.

Staff Spotlight

We speak to Jodie Bartlett,
CEDAR administrator



Tell us a bit about you and your role:

I joined CEDAR at the beginning of October, following the start of my NHS career at Cardiff Royal Infirmary. Prior to this, I worked in community pharmacy for over 10 years, gaining extensive experience in patient care and medicines management. It has been a pleasure to join the CEDAR team, and I look forward to continuing to learn, contribute, and grow alongside my colleagues.

What three words would you use to describe CEDAR?

Inspiring, Dedicated, Fun.

What is a fact about you that people would be surprised by?

I am a qualified lifeguard.

What is something you are particularly proud of?

My horse Bella, and 2 dogs Poppy & Luna.

If you have a proposal and would like to talk to our team, please contact us or fill in our [support request form](#)

Visit our website:

