

Intubation Quick Guide

INTUBATOR

Recommended sizes

8 for females

9 for males

Position

Normally **2cm more** at the teeth

Method

Stylet or bougie **essential**

AIRWAY ASSISTANT

Checking the tube

Cuff may inflate lob sided.
Roll cuff with fingers to prevent this

Tying the tube

All methods acceptable

Inflating the cuff

15-20ml volume via 20ml syringe.
Check pressure then reaches **80cmH2O**
Attach to cuff pressure monitor when able.



**CARDIFF
CRITICAL CARE**
GOFAL CRITIGOL
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Confirming Eligibility

Inclusion

1. > 18 years old
2. Expected to be ventilated for > 24 hours

Exclusion

1. Evidence that patient has already aspirated
2. Presenting to A+E GCS 7 or less
3. Pregnancy
4. Tracheostomy in situ or patient with gastrectomy

